

HAPPY  
*valentine's*  
WEEKEND

*@beayouyoga*

**Friday, February 13<sup>th</sup>**

Love in Motion - 9 AM

(Slow Vinyasa Flow - Level 2)

Ashtanga Love \*warm\* - 10:30 AM

**Saturday, February 14<sup>th</sup>**

Love is in the Flow - 9 AM

(Vinyasa Flow - Level 2 & 3)

Open Heart + LMK - 10:30AM

(Gentle Flow - Level 1 & 2))

**Sunday, February 15<sup>th</sup>**

Soulful Yoga: Heart Opening Flow - 9 AM

(Vinyasa Flow - Level 2 & 3)

